

Bloodborne Pathogens Exposure Control Plan

In accordance with the OSHA Bloodborne Pathogens Standard, 19 CFR 1910.1030, the following exposure control plan has been developed:

A. Purpose

The purpose of this exposure control plan is to:

1. Eliminate or minimize employee occupational exposure to blood or certain other body fluids;
2. Comply with the OSHA Bloodborne Pathogens Standard, 29 CFR 1910.1030.

B. Procedure for Hygienic Practices

Contact with blood and other body fluids shall be avoided.

1. All employees shall wear disposable gloves, gown and safety eye spectacles when direct hand contact with a body fluid is anticipated. This also includes soiled clothing, bandages and other articles that become contaminated.
2. Emergency blood/bodily fluid care kits shall be readily available in all classrooms, buses and work areas.
3. The emergency care kits will include a red plastic bag with a sticker "Caution - May Contain Contaminated Material," disposable gloves, disposable cloths and disinfectant.

Laundry instructions for clothing soiled with body fluids.

1. All body fluids are a potential source of infection. Therefore, clothing soiled by body fluids shall be handled and laundered with special care. The contaminated articles of clothing should be laundered separate from other items. The main objective is to eliminate any infectious agent with soap and water. Bleach will aid in the reduction of infectious agents.

C. District Responsibilities

Training

1. Staff shall receive information annually about potentially infectious body fluids, and instructions in hygienic practices.
2. District shall maintain records of training to include dates, an outline of the material presented, and the names of the presenters and staff attending.

Equipment

1. The district shall ensure that protective equipment and/or kits are readily available to staff at all times. These shall be provided at no cost to the employee.
2. The district shall ensure that receptacles for contaminated articles are readily accessible, and that they are appropriately labeled.

Disposal of Contaminated Material

1. The district shall be responsible for the disposal of contaminated material. The district shall work with the local hospital or other medical facility to ensure that contaminated materials are handled and disposed of in a manner consistent with current approved practices.

Disposing of Contaminated Items and Cleaning of Areas

1. Wastebaskets shall be lined with red plastic bags for safe removal of contaminated articles.
2. Contaminated tissues, paper towels, bandages shall be handled with disposable gloves and placed in a red plastic bag. Used disposable gloves shall be disposed of in the same manner, avoiding contact with contaminated surface of the gloves. Used gloves shall never be reused.
3. Items soiled with body fluids shall not be discarded with regular waste. This is for the protection of the custodial staff and anyone who might unexpectedly come in contact with them. Rooms will therefore have two waste containers, one plastic lined and clearly labeled for soiled items and the other for regular waste.
4. Areas that have been soiled by spills of body fluids shall be wiped clean using a solution of 1 part bleach to 10 parts water (this solution must be mixed fresh each day) or other EPA approved germicide. Disposable gloves shall be worn while cleaning up spills and disposed of with other cleaning materials in the designated receptacle.
5. After gloves have been disposed of, hands should be washed vigorously with soap and water for 15-30 seconds, rinsed, then dried thoroughly with a paper towel.
6. Large spills of body fluids should be blocked off to prevent people from coming into contact

with it until it can be cleaned up. The spill shall be sprayed with a disinfectant that will inactivate the virus. The CDC recommends a 10% solution of bleach. Full-strength rubbing alcohol may be used to disinfect spills on carpets to avoid bleaching the carpet. The disinfectant shall be sprayed over the area and allowed to settle. After spraying the spill with disinfectant, wait 15-30 minutes then an absorbent material may be sprinkled over the area and cleaned up. The waste materials cleaned up shall be placed in the designated receptacle. Sharp objects such as glass must be placed in a puncture-proof container, sealed and disposed of. A sharps container will be located in the office. Final mop up of the area shall be done in the normal way. All contaminated cleaning equipment shall be disinfected immediately after the cleanup is completed. Disposable gloves shall be discarded in the designated receptacle and hands washed thoroughly.

7. Clothing and other non-disposable items (such as towels used for bloody noses) soiled with body fluids should be rinsed and placed in plastic bags, unless laundering can be initiated immediately. Student clothing that becomes contaminated shall be placed in a plastic bag and sent home with laundry instructions for clothing soiled with body fluids.

Exposure Incidents

1. If a staff member or student has an exposure to blood or other body fluids, or a skin exposure involving large amounts of blood or prolonged contact with blood, especially when the exposed skin is chapped, abraded or afflicted with dermatitis:
 - a. The exposed area shall immediately be washed with soap and water for 15-30 seconds.
 - b. If body fluid gets into the eyes or mouth, the affected area shall be rinsed immediately with water.
2. The circumstances of each exposure shall be reported immediately to the District Health Care Specialist. The District Health Care Specialist shall contact appropriate medical personnel for further advice and assistance.

Exposure

1. The District Health Care Specialist shall collaborate with the local hospital or other qualified medical personnel to evaluate each exposure event to determine the type of follow-up action required. The District Health Care Specialist shall inform the employee of the required follow-up.
2. The district shall provide employees timely access to appropriate medical treatment.
3. The district shall ensure that all medical evaluations and procedures including Hepatitis B vaccine and vaccination series and post exposure follow-up are:
 - a. Made available at no cost to the employee;

- b. Made available to the employee at a reasonable time and place;
 - c. Performed under the supervision of a licensed physician or by or under the supervision of another licensed healthcare professional; and
 - d. Provided according to the recommendations of the U.S. Public Health Service.
4. All laboratory tests shall be conducted by an accredited laboratory at no cost to the employee.

Recordkeeping

The district shall maintain appropriate records. These records shall be designated confidential and be accorded appropriate protection. The records will be maintained for at least the duration of employment plus 30 years. The records shall include the following:

1. The name and SSN of the employee;
2. A copy of the employee's HBV vaccination status, including the dates of vaccination;
3. A copy of all results of examinations, medical testing, and follow-up procedures;
4. A copy of the information provided to the healthcare professional, including a description of the employee's duties as they relate to the exposure incident, and documentation of the exposure circumstances.

D. The district shall review this plan annually to ensure employee and student safety, and compliance with appropriate state and federal regulations.