



COBRAS



December

Breakfast

2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| 4 | 5 | 6 | 7 | 8 |
| Breakfast Bar Fruit/Juice Yogurt/Milk | Breakfast Sandwich Fruit/Juice Yogurt/Milk | Scrambled Eggs w/Toast & Jelly Fruit/Juice Yogurt/Milk | Donut Fruit/Juice Yogurt/Milk | |
| 11 | 12 | 13 | 14 | 15 |
| Breakfast on a Stick Fruit/Juice Yogurt/Milk | Pancake Dippers Fruit/Juice Yogurt/Milk | Ham, Egg, & Cheese Bar Fruit/Juice Yogurt/Milk | Donut Fruit/Juice Yogurt/Milk | |
| 18 | 19 | 20 | 21 | 22 |
| Biscuit w/Gravy Fruit/Juice Yogurt/Milk | Cinnamon Roll Fruit/Juice Yogurt/Milk | WINTER | BREAK | |
| 25 | 26 | 27 | 28 | 29 |
| | HAPPY | HOLIDAYS! | | |
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| Each Student will receive 1 reimbursable breakfast meal, daily. | REMINDER: Students must take at least 3 of the 4 offered food items 1 item MUST BE a 1/2 cup fruit or juice | A food item is a specific food offered within the 3 food components. For example: 1 muffin w/2oz. Equivalent whole grains= (2 food items) 1 cup fruit/juice = 1 food item 1 cup milk = 1 food item | FOOD ITEMS INCLUDE: GRAINS FRUIT MILK MEAT/MEAT ALTERNATE (M/MA) (M/MA not required, but served daily w/ yogurt option= 1 food item) | DAILY ENTRÉE' OPTIONS Yogurt Parfait= (1 Grain, 1 M/MA, 1/2 C Fruit) Cereal= (2 Grains) Bagel= (2 Grains) Muffin= (1 grain ea) |

Adult Breakfast: \$3.25

"This institution is an equal opportunity employer"